<table>
<thead>
<tr>
<th>CLASSES</th>
<th>AGE/GRADE</th>
<th>DAY</th>
<th>TIME</th>
<th>Registration begins July 1st</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ACTIVE START</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td><strong>AGES 1 - 6</strong></td>
<td></td>
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<tr>
<td>PARENT N TOT</td>
<td>Mini</td>
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<tr>
<td>Half Sessions (weekends)</td>
<td></td>
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<tr>
<td>Born in 2016 - 2017</td>
<td>Walking - 2.5 years</td>
<td>Monday</td>
<td>9:15-10:00</td>
<td>$145 ($72.50) + $50 Annual Membership</td>
</tr>
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<tr>
<td>PARENT N TOT</td>
<td>Mini</td>
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<tr>
<td>Half Sessions (weekends)</td>
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<tr>
<td>Born in 2017 - 2016</td>
<td>2-3 years</td>
<td>Monday</td>
<td>10:15-11:00</td>
<td>$145 ($72.50) + $50 Annual Membership</td>
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<tr>
<td>KINDERKIDS 3-4</td>
<td></td>
<td>Monday</td>
<td>11:15-12:00</td>
<td>$145 + $50 Annual Membership</td>
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<tr>
<td>KINDERKIDS 4</td>
<td></td>
<td>Monday</td>
<td>12:15-1:00</td>
<td>$145 + $50 Annual Membership</td>
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<tr>
<td>HIGHFLYERS</td>
<td></td>
<td>Monday</td>
<td>3:30-4:30</td>
<td>$178 + $50 Annual Membership</td>
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<tr>
<td>SUPERFLYERS</td>
<td></td>
<td>Saturday</td>
<td>12:00-1:00</td>
<td>$179 + $50 Annual Membership</td>
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<tr>
<td><strong>FUNdamentals</strong></td>
<td>AGE 6 - 13</td>
<td></td>
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<tr>
<td>FUNdamentals 1 - 3</td>
<td>Grades 1 - 3</td>
<td>Tuesday</td>
<td>3:30-5:00</td>
<td>$290 + $50 Annual Membership</td>
</tr>
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<tr>
<td>FUNdamentals 4 - 6</td>
<td>Grades 4 - 6</td>
<td>Thursday</td>
<td>5:00-7:00</td>
<td>$358 + $50 Annual Membership</td>
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</tr>
<tr>
<td>Ninja boys 1-3</td>
<td>Grade 1-3</td>
<td>Tuesday</td>
<td>3:30-5:00</td>
<td>$290 + $50 Annual Membership</td>
</tr>
<tr>
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</tr>
<tr>
<td>TRAMP 2 - 3</td>
<td>Grade 2-3</td>
<td>Monday</td>
<td>3:30-4:30</td>
<td>$180 + $50 Annual Membership</td>
</tr>
<tr>
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<tr>
<td>Sr TRAMP</td>
<td>Grade 4-6</td>
<td>Thursday</td>
<td>5:00-7:00</td>
<td>$204 + $50 Annual Membership</td>
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<tr>
<td>Train to Train &amp; Active for Life</td>
<td>Ages 12 - Adult</td>
<td>Thursday</td>
<td>7:00-8:30</td>
<td>$270 + $50 Annual Membership</td>
</tr>
<tr>
<td>HS Tumble and Gym</td>
<td>Grade 7+</td>
<td>Tuesday</td>
<td>7:00-8:45</td>
<td>$338 + $50 Annual Membership</td>
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<tr>
<td>Parkour 2</td>
<td>Grade 6+</td>
<td>Thursday</td>
<td>7:00-8:30</td>
<td>$270 + $50 Annual Membership</td>
</tr>
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</tr>
<tr>
<td>HS Freestyle</td>
<td>Grade 8+</td>
<td>Tuesday</td>
<td>7:15-8:30</td>
<td>$336 + $50 Annual Membership</td>
</tr>
<tr>
<td>Adult Gymnastics</td>
<td>18+</td>
<td>Tuesday-Friday</td>
<td>TBA</td>
<td>Call if interested</td>
</tr>
</tbody>
</table>

If class is full please put the name on the waitlist, we will do our best to accommodate every child.

- Register online July 1st at 9:00. Schedules are updated regularly, but please be aware that in the 1st week of a session, classes may be cancelled or times may change last minute. If you register for a class, we will contact you by email for any updates/changes. **


- Scheduled classes and displayed rates are subject to change, based on enrollment & availability.

- WGC cannot guarantee last minute changes
- WGC reserves the right to provide credit, refund or class make-up for cancellations.

If you need more information, please contact us at info@whistlergymnastics.com or visit our website at www.whistlergymnastics.com.
Whistler Gymnastics Club 2019-2020

Oros Competitive Artistic, Trampoline & Interclub/Developmental Schedules

Registration Deadline is July 31, 2019. Membership fee only is required at this time. A LATE FEE of $100 will be applied to returning team members if not registered by this date.

### Interclub Artistic Gymnastics (AG) Program

- **Fall term:** Sept 9-Dec 20
- **Winter term:** Jan. 6-March 13
- **Spring term:** Mar 30-June 19

**2 weeks off at Christmas & Spring Break**

**PERFORMANCE**
- Grade 2/3
- 3.5 hrs./week
- **Tuesday Thursday**
- 5:00-6:45
- Member fee $80 due July 31
- *Program Fee $2327
- Credit card is required on file
- *Program Fee 3 payments
  - Sept 1, Dec 1, Mar 1
  - $776

**PERFORMANCE PLUS**
- Grade 4+
- 5 hrs./week
- **Tuesday Thursday**
- 5:00-7:30
- Member fee $80 due July 31
- *Program Fee $2799
- Credit card is required on file
- *Program Fee 3 payments
  - Sept 1, Dec 1, Mar 1
  - $933

### Competitive Artistic Gymnastics (AG) Program

- **Fall term:** Sept 9-Dec 20
- **Winter term:** Jan. 6-March 13
- **Spring term:** Mar 30-June 19

**1-week training camp over Christmas & Spring Break included**

**DEVELOPMENT**
- 6 hrs./week
- **Wednesday Friday**
- 4:30-7:30
- 3:30:8:30
- Member fee $80 due July 31
- *Program Fee $3174
- Credit card is required on file
- *Program Fee 3 payments
  - Sept 1, Dec 1, Mar 1
  - $1058

**CHALLENGE**
- 9 hrs./week
- **Monday Wednesday Friday**
- 4:30-7:30 pm
- 3:30:3:30 pm
- 3:30-3:30 pm
- Member fee $80 due July 31
- *Program Fee $3510
- Credit card is required on file
- *Program Fee 3 payments
  - Sept 1, Dec 1, Mar 1
  - $1170

**JO LEVEL 6+**
- 12 hrs./week
- **Monday Wednesday Friday**
- 4:30-8:30 pm
- 3:30-8:05 pm
- 3:30-4:30 pm
- Member fee $175 due July 31
- *Program Fee $4278
- Credit card is required on file
- *Program Fee 3 payments
  - Sept 1, Dec 1, Mar 1
  - $1426

### Interclub/Developmental Trampoline (TG) Program

- **Fall term:** Sept 9-Dec 20
- **Winter term:** Jan. 6-March 13
- **Spring term:** Mar 30-June 19

**2 weeks off at Christmas & Spring Break**

No Meets included as yet TBD

Hoodie included

**DEVELOPMENT**
- 3 hrs./week
- **Wednesday Friday**
- 4:30-6:00
- 3:30-5:00
- Member fee $80 due July 31
- *Program Fee $1524
- Credit card is required on file
- *Program Fee 3 payments
  - Sept 1, Dec 1, Mar 1
  - $508

### Competitive Trampoline (TG) Program

- **Fall term:** Sept 5-Dec 21
- **Winter term:** Jan. 7-March 15
- **Spring term:** April 1-June 21

**1-week training camp over Christmas & Spring Break included**

**COMP 1 TRAMPOLINE**
- Lev 1-3
- 6 hrs./week
- **Monday Friday**
- 4:00-7:00
- 3:30-7:30
- Member fee $175 due July 31
- *Program Fee $3294
- Credit card is required on file
- *Program Fee 3 payments
  - Sept 1, Dec 1, Mar 1
  - $1058

**COMP 1 Plus TRAMPOLINE**
- Lev 1-3
- 9 hrs./week
- **Monday Wednesday Friday**
- 4:00-7:00
- 9-12 / 12:30-3:30
- 4:30-7:30
- Member fee $175 due July 31
- *Program Fee $3798
- Credit card is required on file
- *Program Fee 3 payments
  - Sept 1, Dec 1, Mar 1
  - $1266

**COMP 4 TRAMPOLINE**
- Lev 4-Jr
- 12 hrs./week
- **Monday Wednesday Friday Sunday**
- 5:30-8:30
- 9-12 / 12:30-3:30
- 5-8:30
- 4:00-7:00
- Member fee $175 due July 31
- *Program Fee $4254
- Credit card is required on file
- *Program Fee 3 payments
  - Sept 1, Dec 1, Mar 1
  - $1418

**Sunday added training day**
- **Sunday**
- 4:00-7:00 pm
- Inquire head coach level 1-3 Included in Comp Level 4
- Added fee rate
  - $10/hr. x 3

*All training days/times are based on registration, subject to change with notice by WGC, and only if deemed necessary for benefit of program needs.

*No classes Labour Day, Thanksgiving, Halloween pm, Remembrance Day, New Year’s Day, Family Day, Easter Monday and Victoria Day

*Extra training days are in addition to already noted training time & prices. They are not intended as an alternate day.

*If you have a conflict with included meet dates, identify this to club by Dec 31. as the meet registration portion only may be refundable.

info@whistlergymnastics.com / www.whistlergymnastics.com / 1090 Legacy Way Whistler, BC V0N 1B1 604-902-3547
WHISTLER GYMNASTICS- Pemberton ‘FALL 2019’ SCHEDULE
Session (11-12 weeks): Tues, Sept 17th to Thurs, Dec 13th, 2017
No Classes on Halloween, Thursday classes are an 11 session.

Our organization works within the recommendations of the Canadian Sport for Life Institute’s Long Term Athlete Development stages “LTAD” http://sportforall.ca/qualitysport/stages/

As part of a recreational gymnastics class, children of all ages and abilities have fun learning challenging skills; playing on interesting equipment; doing routines; or performing in a demonstration. Gymnastics is about “how the body moves”, it is recognized by the International Olympic Committee as a “foundation sport” for all physical activity and sports. By PLAYing in gymnastics, babies, toddlers, children, youth and adults learn skills that prepare them to participate in almost every other sport.

<table>
<thead>
<tr>
<th>CLASSES START</th>
<th>AGE/ GRADE</th>
<th>DAY</th>
<th>TIME</th>
<th>Registration: August 1st</th>
</tr>
</thead>
<tbody>
<tr>
<td>PARENT AND TOT- must be able to walk age 1.5-3</td>
<td>Born in 2018-2017</td>
<td>Tuesday or Thursday</td>
<td>9:15-10:00</td>
<td>$145 (Tues) or $133 (Thurs) + $55 yearly membership fee</td>
</tr>
<tr>
<td>SPINNERS KK3</td>
<td>Born in 2016</td>
<td>Tuesday or Thursday</td>
<td>11:15-12:00</td>
<td>$145 (Tues) or $133 (Thurs) + $55 yearly membership fee</td>
</tr>
<tr>
<td>TWISTERS KK4</td>
<td>Born in 2015</td>
<td>Tuesday or Thursday</td>
<td>12:15-1:00</td>
<td>$145 (Tues) or $133 (Thurs) + $55 yearly membership fee</td>
</tr>
<tr>
<td>SuperTwisters KK4</td>
<td>Born in 2015 With one year experience!</td>
<td>Thursday</td>
<td>1:15-2:45</td>
<td>$229 + $55 yearly membership fee</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>FUNdamentals</th>
<th>AGES (5)6 - 13</th>
<th>Grades K-7</th>
</tr>
</thead>
<tbody>
<tr>
<td>HIGHFLYERS- working on gymnastics Fundamental skills to develop physical literacy</td>
<td>Grade Kindergarten girls and boys</td>
<td>Tuesday</td>
</tr>
<tr>
<td>SPRINGERS - working on gymnastics Fundamental skills to develop physical literacy</td>
<td>Grade 1-3 girls</td>
<td>Thursday</td>
</tr>
<tr>
<td>PAD- Performance and Development - more skill less play but skill having FUN!</td>
<td>Grade 1-2 girls with experience</td>
<td>Tuesday</td>
</tr>
<tr>
<td>REBOUNDERS- Gymnastics skills, fun, fitness, fundamental</td>
<td>Grade 3-7 girls</td>
<td>Thursday</td>
</tr>
<tr>
<td>NINJAS- gymnastics basic with a ninja-free running twist</td>
<td>Grade 1/2 boys Grade 3/4 boys</td>
<td>Thursdays</td>
</tr>
<tr>
<td>GymKour-parkour-style gymnastics training</td>
<td>Grade 4/5- boys Grade 6/7 boys</td>
<td>Thursdays</td>
</tr>
</tbody>
</table>

Learn to Train
INTERCLUB Performance Program is also offered at this facility for those interested in a year long commitment, and included attending and performing at 3 gymnastics events in the spring. Please email if you would like more information.

ACTIVE FOR LIFE

| Tumble and Gym | Grade 7+ | Tuesday | 6:00-7:00 | $145 + $35 yearly membership fee |

* All training days/times are based on registration, subject to change with notice by WGC, and only if deemed necessary for benefit of program needs.

IF A CLASS IS FULL, PLEASE SIGN UP TO THE WAIT LIST. WE TRY TO GET EVERYONE ON THE WAITLISTS IN!

**VOLUNTEER LEVY: 5% WILL BE INCLUDED IN YOUR PROGRAM PRICE, YOU CAN EARN THIS BACK BY SUBMITTING YOUR VOLUNTEER HOURS EACH SESSION.**

Whistler Gymnastics-Pemberton pemberton@whistlegymnastics.com | 604-902-3547 |
Classes held at Pemberton and District Community Centre
### 2019-2020 Interclub Artistic Gymnastics (AG) Program

<table>
<thead>
<tr>
<th>Program</th>
<th>Description</th>
<th>Days</th>
<th>Time</th>
<th>Fee Details</th>
<th>Payment Dates</th>
<th>Credits Required</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Jr Interclub</strong>&lt;br&gt;Gr 2/3&lt;br&gt;3 hrs/week&lt;br&gt;<em>Includes just 2 meets</em>*</td>
<td>Tuesday&lt;br&gt;Thursday</td>
<td>4:00-5:30pm</td>
<td>Member fee $80 due July 31&lt;br&gt;*Program fee $1764&lt;br&gt;Credit card is required on file</td>
<td>*Program Fee&lt;br&gt;3 payments&lt;br&gt;Sept 1, Dec 1, Mar 1</td>
<td>$588</td>
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<tr>
<td><strong>Interclub 3/4</strong>&lt;br&gt;Gr 3/4&lt;br&gt;4 hrs/week</td>
<td>Tuesday&lt;br&gt;Thursday</td>
<td>4:00-6:00pm</td>
<td>Member fee $80 due July 31&lt;br&gt;*Program fee $2250&lt;br&gt;Credit card is required on file</td>
<td>*Program Fee&lt;br&gt;3 payments&lt;br&gt;Sept 1, Dec 1, Mar 1</td>
<td>$750</td>
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<tr>
<td><strong>Interclub 5+</strong>&lt;br&gt;Gr 5 +&lt;br&gt;4 hrs/week</td>
<td>Tuesday&lt;br&gt;Thursday</td>
<td>6:00-8:00pm&lt;br&gt;5:30-7:30&lt;br&gt;</td>
<td>Member fee $80 due July 31&lt;br&gt;*Program fee $2250&lt;br&gt;Credit card is required on file</td>
<td>*Program Fee&lt;br&gt;3 payments&lt;br&gt;Sept 1, Dec 1, Mar 1</td>
<td>$750</td>
<td></td>
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<tr>
<td><strong>Interclub Challenge</strong>&lt;br&gt;<em>coach placement (gr 4/5/6)&lt;br&gt;5 hrs/week</em>*</td>
<td>Tuesday&lt;br&gt;Thursday</td>
<td>5:30-8:00pm</td>
<td>Member fee $80 due July 31&lt;br&gt;*Program fee $2668&lt;br&gt;Credit card is required on file</td>
<td>*Program Fee&lt;br&gt;3 payments&lt;br&gt;Sept 1, Dec 1, Mar 1</td>
<td>$858</td>
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</tbody>
</table>

Please note: gymnasts training till 8:00 will be asked to help put away some of the equipment. Pick up will be 8:10. We are a non-profit organization working to keep fees as low as possible.

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**2019-2020 VOLUNTEER LEVY: 5% WILL BE INCLUDED IN YOUR PROGRAM PRICE. YOU CAN EARN THIS BACK BY SUBMITTING YOUR VOLUNTEER HOURS EACH SESSION**

### Registration Details:
- Interclub Programs are a 10 month long program with a commitment (from Sept-June). Athletes are expected to attend all training days. Annual Member fees include your insurance and are due July 31. Member fees are non-refundable. Program fees can be divided into 3 installments Sept 1, Dec 1 & Mar 1. Your credit card is required for installment payments. Program fees are non-refundable after Sept 30th except for medical reason with doctor's note.
- If you have a conflict with meet dates, identify this to club by Dec 31 as the meet registration portion only may be refundable.
- **Athletes will not be allowed to start to participate until all registration is completed including payments as per required dates.**

### Equipment Set-up and Take-down:
- There is an opportunity for a few families to work in exchange for their athlete’s gymnastics. The Club is looking for equipment movers. This would be a year long commitment and would require you to let us know if you will be away. We would be looking for two people each night and morning.
- Set up would be from 8:30-9:00am or another time can be arranged (ex. 8:45-9:15am)
- Take down would be from 7:50-8:20pm
- Please contact Catou for more details.

Email coachcatou@whistlergymnastics.com

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*info@whistlergymnastics.com / www.whistlergymnastics.com / 1090 Legacy Way Whistler, BC V0N 1B1 604-902-3547*