

OROS

WHISTLER GYMNASTICS CENTRE

Equipment: large sprung floor, 2 in-ground Olympic trampolines, mini trampoline, double mini tramp, 30 foot tumble track, foam pit, 6 TRX suspension trainers, rings, bars, balance beams and lots of teaching aids.

Benefits: increase co-ordination, air awareness, flexibility and body control with the use of gymnastics, trampoline and TRX suspension trainers.

*Customized cross training programs with our certified gymnastic, trampoline or fitness coaches for group or private bookings

*Facility rentals for associate groups with certified coaches

*Access drop-in programs offered by our coaches for trampoline, gymnastics and TRX

*Great space for coaching courses or group events!

- ❖ Facility Hours for bookings 7am-10pm daily
- ❖ Limited availability during our programs and camps
- ❖ Early booking discounts 5% with 2 week notice
- ❖ Discounts for multiple bookings range 5-15%
- ❖ Youth group discounts 5%
- ❖ Office open part-time, so book ahead
- ❖ Flat screen TV for video analysis



Gymnastic is a fundamental Cross-training sport



Trampoline is the foundation for acrobatics and air sense



Booking Inquiries info@whistlerymnastics.com

604-902-FLIP (3547)

www.whistlerymnastics.com

Location: Whistler Sport Legacy Athlete Centre

1090 Legacy Way (Cheakamus Crossing)