



Parent / Athlete / Coach Commitment Contract

Parent

I agree to send my child to gymnastics practices and related events on time, well fed and well rested. I will fully support her commitment to continue her training through good times and tough times. I understand that my role in the gym is one of support and encouragement, not coaching. Discussions regarding my child and gymnastics will include her coaches before any final decisions are made.

Parent signature

Athlete

I realize that it is a privilege to be a part of this competitive team. I agree to come to all my training and other activities on time and prepared for my sport. I will show respect for my coaches and fellow athletes and adhere to the rules of the gym at all times. I promise to participate fully through easy days and tough days until the season ends in June. Discussions regarding my gymnastics will include my parents and my coach before any final decisions are made.

Athlete signature

Coach

I agree to be responsible for the development of this athlete. I promise to train them to the best of my ability, to come to class on time, well fed and well rested. Discussions regarding this athlete and gymnastics will include the parents and the athlete before any final decisions are made.

Coach signature

Head Coach signature

Date