

WGC FALL 2018 PROGRAM CHART

SUNDAY	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY
AG/TG	AG	TG	AG	TG	AG	TG	AG	TG	AG	TG	AG/TG
COMP. AG Extra WEEKEND Training JO 6+ 10:00- 1:00	Exploration Gym/P&T 10:00-10:45		Exploration Gym/P&T 10:00-10:45			COMP. TG Comp. Jr 9:30-12:30	Exploration Gym/P&T 10:00-10:45				Exploration Gym/P&T 10:00-10:45
	KINDERKIDS Ages 3 & 4 11:00-11:45					COMP. TG Comp. Sr. 12:30-3:30	KINDERKIDS Ages 3 & 4 11:00-11:45		COMP AG Dev. Team 12:30 - 3:30 & JO 6 12:30 - 4:30		KINDERKIDS Ages 3 & 4 11:00-11:45
COMP. TG EXTRA WEEKEND Training Comp. Sr NATIONAL ONLY 4:00-7:00	KINDERKIDS Highflyers (Kindergarten) 3:30-4:30		FUNdamentals Gr. 1-3 3:30-5:00	Tramp Gr.2/3 3:30-4:30	KINDERKIDS Highflyers (Kindergarten) 3:30-4:30	Jr Freestyle Gr. 2/3 3:30 - 4:30	FUNdamentals Gr. 1-3 3:30-5:00	Tramp Gr.4 -6 3:30-4:30	Beginners Silks Ages 8-12 3:30-4:30	COMP. TG Comp. Jr. 3:30-5:30	Birthday Parties 12:00 - 3:00pm
	COMP. AG Dev. Team 4:15-7:15 JO 6+ 4:15- 8:15	COMP.TG Jr. 3:15-5:15 & Sr. 5:30-8:30	Performance 3:30 - 5:15	Interclub Tramp 4:30-6:00	COMP. AG Dev. Team 4:15-7:15 JO 6+ 4:15- 8:15	Jr Freestyle Gr.4/5 4:30 - 5:30	Performance 3:30 - 5:15	Interclub Tramp 4:30-6:00	Provincial Gymnaestrada 4:30 - 5:30	COMP. TG Comp. Sr. 5:30-8:30	
			Parkour Gr. 4-6 6:15 - 7:45			Sr. Freestyle Gr. 5 - 7 5:45 - 7:00	FUNdamentals Gr. 4 -7 5:15 - 6:45	Tramp Gr. 4-6 6:15 - 7:30	Improvers Silks Ages 8-12 4:30 - 5:30		ACCESS
			AG Interclub Age 9+ 5:15-7:45	Gr. 7 and up Tramp / Parkour 7:30 - 9:00		HighSchool Freestyle 7:00 - 8:30	AG Interclub Age 9+ 5:15-7:45	Gr. 7 and up Tumble & Tramp 7:30 - 9:00	National Gymnaestrada Ages 9-17 5:30-7:00	Parkour Gr. 4-6 5:30-7:00	
		Adult Tramp Class 8:45 - 10:00	Teen Silks 7:30-8:30	Access: Silks Classes with Dani 8:30-9:30	Access:Silks Classes with Dani 7:15-9:15		DROP-IN Adult Gym / tramp 8:00-9:00				
				REQ -means Pre-requisite required as noted							