



**TRAMPOLINE GYMNASTICS**  
**OPERATIONS MANUAL**  
**(Formerly Policies and Procedure Manual)**

**FALL UPDATES**  
**2017-2018**

## 2017-2018 TG General Information

### TG Technical Committee Members

TG Chair	Megan Conway	<a href="mailto:meg_gym@hotmail.com">meg_gym@hotmail.com</a>
Coaching Chair(s)	June Booth Bobbie Worrall	<a href="mailto:junebooth@gmail.com">junebooth@gmail.com</a> <a href="mailto:bobbie@waylandsports.com">bobbie@waylandsports.com</a>
Judging Chair	Georgina Nerpio Adri Pope	<a href="mailto:georgina.nerps14@gmail.com">georgina.nerps14@gmail.com</a> <a href="mailto:adriana_pope@live.ca">adriana_pope@live.ca</a>
Athlete Rep	Mario Bruno	<a href="mailto:mariothebruno@gmail.com">mariothebruno@gmail.com</a>
Members at large	Michelle Phillips	<a href="mailto:michellett@live.ca">michellett@live.ca</a>
	Rusty Pierce	<a href="mailto:rustyflipcitygym@gmail.com">rustyflipcitygym@gmail.com</a>
	Matt Wheeler	<a href="mailto:Matt.kgtc@gmail.com">Matt.kgtc@gmail.com</a>
	Jake Maxim	<a href="mailto:jake@clubaviva.ca">jake@clubaviva.ca</a>
	Jamie Gardner	<a href="mailto:tgprogram@okanagangymnastics.com">tgprogram@okanagangymnastics.com</a>
GBC Staff (non-voting)	Andree Montreuil Debbie McBoyle	<a href="mailto:amontreuil@gymbc.org">amontreuil@gymbc.org</a> <a href="mailto:dmcboyle@gymbc.org">dmcboyle@gymbc.org</a>

### TG ACTIVITIES

#### TG TECHNICAL COMMITTEE MEETINGS (subject to change)

Sunday December 10	<b>9:00am</b> – 12:00 noon	Maple Ridge
Sunday January 28	9:30am – 12:00 noon	Maple Ridge

Monday April 23	GCG-TTPA Program Assembly	Montreal
Monday April 23	GCG-TTPC Program Committee Meeting	Montreal

#### TG TECHNICAL ASSEMBLY

LATE August 2018

#### TG RETREAT

October 20-21, 2018 Loon Lake, Maple Ridge

#### TEAM BC UNIFORM

February 10-12	Team BC Members	Burnaby
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**NEW THIS YEAR TBC**

### COMPETITIVE CALENDAR

#### 2017

<b>November 9-12</b>	<b>World Championships</b>	<b>Sofia, BUL</b>
Invited Categories:	SR Team Canada members	

<b>November 16-19</b>	<b>World Age Group Competition</b>	<b>Sofia, BUL</b>
Invited Categories:	A/G Team Canada members	

#### 2018

<b>January (TBC)</b>	<b>Aspire Program Training Camp</b>	<b>Montreal, QB</b>
<b>GCG</b> Invited Categories:	A/G Trampoline Athletes	

<b>February (TBC)</b> GCG Invited Categories:	<b>Nat. Team Kick-off Training Camp</b> SR, JR TR-I / TR-S Athletes	<b>Montreal, QB</b>
<b>February 10-12</b> Invited Categories:	<b>1st BC Provincial Cup</b> All TG Athletes	<b>Burnaby</b> Host: Shasta Trampoline
<b>March (TBC)</b> GCG Invited Categories:	<b>International Exchange Training Camp</b> Age Group TR/DMT/TU Athletes	<b>Houston, TEX</b>
<b>March 15-18</b> Invited Categories:	<b>2nd BC Provincial Cup</b> All TG Athletes	<b>Kamloops</b> Host: Kamloops
<b>April 7-9</b> Invited Categories:	<b>GBC BC Championships/3rd BC Prov Cup</b> All TG Athletes Joint event with MAG and WAG	<b>Coquitlam</b> Host: Flip City
<b>April 19-22</b> GCG Invited Categories:	<b>GCG Canada Cup</b> All National stream athletes	<b>Montreal, QC</b>
<b>April 28-29</b> GCG Invited Categories:	<b>Pacific Rim Championships</b> SR, JR TR-I / TR-S Team Canada Members	<b>Medellin, COL</b>
<b>May 2-30</b> GCG Invited Categories:	<b>JR Pan American Championships</b> JR TR Team Canada Members	<b>Argentina</b>
<b>June 1-3</b>  Invited Categories:	<b>Western Canada Cup</b>  Team BC Delegation Pre-national stream athletes who have achieved the required qualifying standards for Team BC selection and who have been ratified by the Technical Committee. Must have attended two BC Provincial Cups, one of which MUST be the GBC BC Championships.  Club Athletes Pre-National stream athletes who have achieved the required qualifying standards to attend.	<b>Regina, SK</b>  Host: Gym Sask
<b>July 2-8</b> Invited Categories:	<b>Canadian Championships</b> Team BC Delegation National and High Performance athletes who have achieved the required qualifying standards for Team BC and who have been ratified by the TG Technical Committee. Must attend two BC Provincial Cups, one of which MUST be GBC BC Championships.	<b>Lethbridge, AB</b> Host: AGF

### **Athletes and Coaches**

All clubs with Team BC athletes, Team BC coaches and personal coaches are responsible for arranging their own flights to/from the official competition site. Details regarding ground transportation will be confirmed as soon as possible. It is suggested that coaches travel with their club athletes. Team BC coaches traveling with their personal clubs will be reimbursed to the maximum costs of flights arranged by GBC.

### **Judges (TBC)**

GBC will be responsible for arranging flights and ground transportation to/from the official competition site for Team BC judges. Special requests must be submitted to GBC following the final selection meeting.

### **Management Team**

Applications for the management team will be circulated in early January. Management team members may travel with their personal clubs or be included on GBC's itinerary.

<b>July 12-14</b> Invited Categories:	<b>Scalibus Cup</b> SR, JR, Age Group TR-I / TR-S / DMT / TU *** Club event for international experience***	<b>Santarem, POR</b>
<b>August 6-10</b> Invited Categories:	<b>National Athletes Whistler Camp</b> All National stream athletes	<b>Whistler, BC</b>
<b>August (TBC)</b> <b>GCG Invited Categories:</b>	<b>SR Pan American Championships</b> SR TR-I / TR-S / DMT / TU Athletes	<b>TBC</b>
<b>August 27-30</b> <b>GCG Invited Categories:</b>	<b>SR 3<sup>rd</sup> Team Trial &amp; Training Camp</b> SR TR / DMT / TU Athletes	<b>Edmonton, AB</b>
<b>August 27-30</b> <b>GCG Invited Categories:</b>	<b>WC / WAGs Training Camp</b> SR, AG Canadian Team Members	<b>Edmonton, AB</b>
<b>September/October</b> <b>GCG Invited Categories:</b>	<b>Indo Pacific Championships</b> A/G Canadian Team Members	<b>TBC</b>
<b>October 5-7</b> Invited Categories:	<b>Loule Cup</b> SR, JR, Age Group TR-I / TR-S / DMT / TU *** Club event for international experience ***	<b>Loule, POR</b>
<b>October 6-18</b> <b>GCG Invited Categories:</b>	<b>Youth Olympic Games</b> JR TR Team Canada Members	<b>Buenos Aires, ARG</b>
<b>November 7-10</b> <b>GCG Invited Categories:</b>	<b>World Championships</b> SR Team Canada Members	<b>St Petersburg, RUS</b>
<b>November 15-18</b> <b>GCG Invited Categories:</b>	<b>World Age Group Competition</b> Age Group Team Canada Members	<b>St Petersburg, RUS</b>
<b><u>2019</u></b>		
<b>February 13 – March 3</b> Invited Categories:	<b>Canada Winter Games</b> TR Team BC members	<b>Red Deer, AB</b>
<b>March 16</b> Invited Categories:	<b>Flowers Cup</b> SR, JR Trampoline Athletes *** Club event for international experience ***	<b>Aalsmeer, NED</b>
<b>May 1-5</b> GCG Invited Categories:	<b>GCG Canada Cup</b> All National Stream Athletes	<b>TBC</b>
<b>July 26-11</b> Invited Categories:	<b>GCG Canadian Championships</b> All Team BC Members	<b>TBC</b>
<b>July 26 – Aug 11</b> <b>GCG Invited Categories:</b>	<b>Senior Pan Am Games</b> Team Canada – by selection	<b>Lima, PER</b>
<b>November 29 – Dec 1</b> <b>GCG Invited Categories:</b>	<b>World Championships</b> SR Team Canada Members	<b>Tokyo, JPN</b>
<b>December 5-8</b>	<b>World Age Group Competition</b>	<b>Tokyo, JPN</b>

**GCG** Invited Categories: Age Group Team Canada Members

## **2020**

**March 12-15 (preferred date)**

GCG Invited Categories:

**GCG Canada Cup**

All National Stream Athletes

**TBC**

**May 19-24 (preferred date)**

Invited Categories:

**Canadian Championships**

All Team BC members

Joint event with MAG and WAG

**TBC**

**July 29-Aug 1**

GCG Invited Categories:

**Olympic Games**

SR Team Canada Members

**Tokyo, JPN**

## **2023**

**February 2023**

Invited Categories:

**Canada Winter Games**

TR – Team BC Members

**PEI**

## Section 8: Trampoline Gymnastics (TG) Section

### Important Note

This document is currently under review. Please consult the Gymnastics BC Technical Director with any questions regarding document accuracy or current status.

In the event that any policy contained in this document is contradicted by another policy of the Association, the latter shall prevail.

### Clarification of Decision Making Authority

In an effort to provide greater clarity and transparency around the decision making process and level of authority related to the various rules, policies and procedures contained in this document, the following updates have been made.

Items will now be marked to indicate whether it is considered a rule, a policy or a procedure. They will also be marked with which body has authority over the decision making process. Generally, rules will be under the authority of a Technical Committee or an appropriate staff member, policies will be under the authority of the Board of Directors and procedures will be under the authority of staff. Additionally, any relevant supporting documents will be referenced to provide clarity.

Where an item does not indicate authority, it is assumed to be informational or under the authority of staff.

### **Example:**

- 1. Athlete Competition Attire for BC Competitions**  
*Type: Rule*  
**Decision by:** *Committee*  
**Reference Document:** *None*

# 2017-2018 POLICY UPDATES and CHANGES

As of November 1, 2017

## PART 1: GENERALITIES

### 1. Program Objectives and Goals

*Type: Policy*

*Decision by: Board*

*Reference Document: None*

The goals and objectives of the GBC Programs are to:

- Coordinate and supervise the technical aspects of the provincial, national and international gymnastics events where GBC participates
- Determine the technical rules and procedures as they apply in the Province of BC, in conjunction with the GCG and FIG rules.

Organize competitions, clinics, training camps and seminars for the programs used by GBC, which will assist in the development of our athletes, coaches and officials.

### 2. Terms of References

*Type: Policy*

*Decision by: Board*

*Reference Document: Committee Policies and Procedures – TG Terms of Reference*

## Trampoline Gymnastics (TG) Technical Committee (TGTC)

### Composition of the Committee

The TGTC is composed of 6 or more voting, and 2 non-voting members.

#### Voting Members

- Chair; the Chair is also a member of the GBC Board of Directors
- Coaching Chair
- Judging Chair
- Athlete Representative (must be 16 years or older by Dec 31 of the year elected)
- Members at Large (minimum of 2 or determined by the TG)
- Past Chair (1-year term - non elected)

#### Non Voting Members

- GBC Technical Director
- GBC TG Program Coordinator

### **Attendance Policy**

Voting members for all committees will be expected to attend all scheduled meetings. Any members missing three (3) meetings will lose his/her voting privileges. Extenuating circumstances will be taken into consideration.

### **Voting and Quorum**

Each voting member has one vote. All motions will be decided by majority vote. The quorum is 50% of voting members.

### **Duties of the TGTC**

- a. determine and implement the goals and objectives for the development of Trampoline Gymnastics in BC;
- b. report all decisions made by the TGTC to the GBC Board of Directors and the TG Technical Assembly;
- c. present all policy changes to the GBC Board for ratification prior to implementation;
- d. adhere to all policies and procedures of GBC;
- e. adopt and make sure that technical policies are respected;

- f. monitor, regulate and evaluate all activities related to the TG programs;
- g. work within the budget approved by the Board;
- h. assist the GBC staff as necessary;
- i. make sure that the decision process and line of communication are established, respected and maintained;
- j. approve members of BC Teams, within the context of the selection criteria;
- k. through the Chair, create ad-hoc committees for special projects;
- l. hold at least 5 meetings per year;
- m. promote sound risk management practices.



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## PART 2: ATHLETES

### 1. **Dress for Competitors and Spotters**

**Type:** Rule

**Decision by:** Committee

**Reference Document:** None

All athletes must dress in their club's current team competitive attire for all preliminaries at all BC Provincial Cups unless prior approval of the TGTC is given. Any/all athletes not dressed in their clubs' current team competitive attire will receive a 0.1 dress code violation per routine/pass.

Those athletes participating in any team event(s) must be dressed in identical team competitive attire during all preliminary rounds of competition. Failure to do so will result in the team being disqualified from any/all TEAM EVENTS.

Women: Leotard with or without sleeves (must be skin tight)  
Long tights or full-length one piece leotard will be accepted  
**Unitard may be mid-thigh in length**

Men: Sleeveless or short sleeve singlet  
Gym trousers in a single colour, except black or any other deep dark colour, OR gym shorts. Length of shorts must not be longer than half thighs.

Footwear: Mandatory for TR and DMT. TU may compete barefoot.

TG Women: White trampoline shoes and/or white foot covering

TG Men: White trampoline shoes and/or foot covering of the same colour as the trousers

#### Individual and Synchro Trampoline

All club events (Canada Cup and **Team selection trials**), athletes must wear their club competition attire in all preliminary rounds. At Canadian Championships, athletes must wear their provinces competition attire in all preliminary rounds. In finals, athlete have the right to choose their competition attire, however it MUST NOT be a competition attire from another country.

The right to wear the current or any past National Team competition attire is reserved ONLY for athletes that are currently or have been members of a Canadian Team (ie: World Championships, WAGS, International competitions).

**Any violations will result in a penalty of 0.2pts which will be deducted from the total score of any of the routines where the violation has occurred.**

#### Jewellery

No jewelry may be worn by competitors, spotters and coaches acting as spotters. Tapping of jewelry is not adequate. Medic Alert bracelets can be worn, but must be taped. Support pieces can be white or beige in colour

#### Warm-up

When warm-up is conducted in the competition gym, all competitors and coaches must dress in competitive attire OR equivalent.

NOTE: Silicone socks/shoes are NOT permitted.

## 2. TG Funding Opportunities

### 2.1. Athlete Assistance Program (AAP)

*Type: Rule*

*Decision by: Committee*

*Reference Document: None*

The BC Athlete Assistance Program (BC AAP) is an athlete-centered program of financial assistance funded by the Province of BC and administered by the Sport and Recreation Branch of the Ministry of Tourism, Sport and the Arts. The program seeks to recognize high performance or post-secondary athletes who are participating in programs offered through a provincial sport organization or post-secondary institution and competing in recognized national or international competitions to relieve some of the pressures associated with training and competition needs.

The intent of the program is to provide support to those trampolining athletes who are in the position to compete for Team BC and are just below those receiving Sport Canada Athlete carding.

AAP funding is provisional to monies being made available by the Ministry.

#### Objectives

- To focus support to athletes in the "training to compete" and "training to win" stages
- To contribute to improved performances of Team BC athletes
- And; to increase the number of BC athletes reaching federal carding status thus expanding BC representation on national teams and at eligible major international multi-sport games.

#### Athlete Eligibility

- The program funds are made up of grants from the BC Government and GBC. As the major portion of the money is from the Government we are obligated to follow their guidelines for selecting candidates. Awards will be allocated to individual athletes based on their demonstrated commitment to high performance sport and excellence, and their potential to compete for BC and Canada.
- Athletes are expected to be involved in a year round training and competition plan, competing in an appropriate number of national and/or international competitions and regularly work with a NCCP level 3 coach.
- Athletes must be a Canadian citizen and a resident of BC for at least one year prior to his/her date of nomination. In addition, the Government and GBC requires that athletes whom receive funds must be available for Provincial team selection and if selected commit to train and represent BC and the sport in the applicable competitions.

#### Requirements

In order to qualify for Athlete Assistance the athlete must:

- be in good standing with GBC
- be registered to compete in the current competitive year
- have competed and ranked at the preceding Canadian Championships
- Fill out and return the completed AAP application form. Incomplete applications will be returned to the athlete. Applications not received by GBC by the stated deadline will not be considered
- Athletes must attend BC Championships
- Athletes accepting AAP funding agree to support and participate in all initiatives of GBC Programming. (I.E.: attend Technical Committee designated camps, attempt to qualify for appropriate Team BC events, etc.)
- Athletes accepting AAP funding agree to abide by the Team BC Code of Conduct or otherwise be subject to funding repercussions

### **Athlete Appeal Procedure**

In the event an athlete wishes to dispute the AAP selection process he/she may ask, in writing, the Technical Committee to review their decision. If the athlete is still in disagreement with the Technical Committee's final decision they may appeal through the Gymnastics BC appeal procedure as found in the Governance Section of the Policy and Procedure Manual.

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### **Athlete Funding Levels**

GBC will be responsible for determining the funding options for each of the selected athletes. The TG committee will determine (by vote) the amount to be given.

**Note:** the above is a summary which briefly describes the factors the selection committee will use to select the candidate(s) and the amount of the award(s). A full copy of the program is available by request.

### **Priority Groupings**

1. Senior National Trampoline Team members – ranked 1-6
2. Junior National Trampoline Team members – ranked 1-6
3. Senior OR Junior Trampoline Competitors
  - Not ranked
  - Athlete has attended an International event which was identified by the GCG High Performance Director
4. **L-6 (Espoir) Trampoline Competitors**
  - **Athletes have placed TOP THREE at the most recent Canadian Championships**
5. **Senior OR Junior TRAMPOLINE Athletes**
  - **NOT Ranked**
  - **Athlete(s) has placed TOP THREE at the most recent Canadian Championships**
  - **Should there be a need to be a deciding factor, each nominee would be given points equivalent to those awarded to each placement for the annual athlete awards.**
    - **1<sup>st</sup> Place = 50 points**
    - **2<sup>nd</sup> Place = 44 points**
    - **3<sup>rd</sup> Place = 40 points**

Groupings 1-3

Athletes will be placed into groupings 1 through 3 based on the National Team Ranking lists as published by TTPC immediately following Canadian Championships.

Groupings 4-5

Athletes will be placed into groupings 4 and 5 based the official results from the most recent Canadian Championship.

## **2.2. TG High Performance Funding (formerly Excellence Funding)**

**Type:** Rule

**Decision by:** Committee

**Reference Document:** None

### **Requirements**

The purpose of the award is to ease the financial burden on high performance athletes and their coaches. Allocations may only be used to attend GCG preparation camps or National camps not funded by GCG; International Competitions (outside Canada) where athletes are identified by GCG to represent Canada on a self-funded basis; GBC/GCG sanctioned International Competitions within Canada. These competitions are where an athlete represents GCG or GBC at a Canadian Competition with international representation. (This meet must be sanctioned as an International event by GCG or GBC)

### **Allocation**

A Total amount per year, as determined by the TGTC, shall be allotted at the end of the GBC Fiscal year to eligible athletes and/or coaches. GBC fiscal year is July 1 to June 30.

In order to qualify for TG High Performance Funding the following conditions must be met:

- Must have participated in a minimum of two (2) BC Provincial Cups in the previous competitive season, one of which must be BC Championships, unless otherwise approved by the TGTC
- Eligible events are defined by GBC and/or GCG as those where the Team BC or National Team uniform was required

All monies will be dispersed in the order of the priority groupings and in accordance with the eligible categories and/or events. Athletes may be eligible for a maximum of 85% of the total expenses incurred. No athlete will receive more than \$4000.

### **Athletes Unable to Attend BC Championships**

Athletes who are unable to attend BC Championships due to conflicting meet schedules or extenuating circumstances must notify the TGTC 14 days prior to the entry deadline. Medical withdrawals must be accompanied by a doctor's medical statement. All notifications must be submitted in writing to the TGTC Chairperson.

### **Priority Groupings**

#### **1. Senior National Team Members – ranked 1-6**

#### **2. Junior National Team Members – ranked 1-6**

#### **3. Senior OR Junior Competitors**

- NOT ranked
- Athletes must have attended an International Event which was identified by the GCG High Performance Director

#### **4. Espoir (L6) Competitors**

- Athletes have placed TOP THREE at the most recent Canadian Championships

#### **5. Senior OR Junior Athletes**

- NOT Ranked
- Athlete(s) has place TOP THREE at the most recent Canadian Championships
- Should there be a need to be a deciding factor, each nominee would be given points equivalent to those awarded to each placement for the annual athlete awards. ie: 1<sup>st</sup> Place = 50 points

2<sup>nd</sup> Place = 44 points

3<sup>rd</sup> Place – 40 points

### **Groupings 1-3**

Athletes will be placed into groupings 1 through 3 based on the National Team Ranking lists as published by TTPC immediately following Canadian Championships.

### **Groupings 4-5**

Athletes will be placed into groupings 4 and 5 based the official results from the most recent Canadian Championship.

### **2.3. Funding Assessment and Allocation**

Athletes and coaches may be eligible for funding based on the following priority groups:

- 1) International Competitions (outside Canada). These are international assignments where athletes have been invited by the GCG TG High Performance Director to represent Canada or BC on a self-funded basis.
- 2) GBC/GCG sanctioned International Competitions within Canada. These competitions are where an athlete represents GCG or GBC at a Canadian Competition with international representation. (This meet must be sanctioned as an International event by GCG or GBC).
- 3) GCG Team preparation camp not funded by GCG
- 4) National Training Camp not funded by GCG

Priority one (1) will be paid out completely before consideration is given to priority two (2), etc. If there are not enough funds remaining to pay the desired amount, each individual in that priority group will be reduced.

## PART 4: COMPETITIVE STRUCTURE

### 1. Trampoline Gymnastics Programs

**NOTE: all references to the 10+U category have been removed**

Please refer to the Gymnastics Canada website ([www.gymcan.org](http://www.gymcan.org)) for a complete copy of the 2017-2020 Canadian Trampoline & Tumbling Competitive Structure and requirements.

#### 1.1. BC Competitive Structure

*Type: Rule*

*Decision by: Committee*

*Reference Document: None*

The categories described below apply to all TG disciplines (Trampoline, Synchronized Trampoline, Double Mini and Tumbling).

LEVEL	Pre-National	National
<b>CAT EO GIR ES</b>	<p><b>LEVEL 4</b> TR / TU / DMT / TRS Recommended Min Age: 8 yrs Recommended Age Split: 15U / 16+ Mobility Requirements: None</p> <p><b>NOTE:</b> TR-S There will be no age split</p>	<p><b>SENIOR</b> TR / DMT / TR-S Min Age: 19+ (unless 17-18 mobility requirements are met in JR) Must meet SR mobility requirements in L-6 (Espoir), or move from JR at age 19</p> <p><b>NOTE: Tumbling</b> Min Age: 17+ Must meet Senior mobility requirements in JR to enter</p>
	<p><b>LEVEL 3</b> TR / DMT / TU / TR-S Recommended Min Age: 8 yrs Recommended Age Split: 14U / 15+ Mobility Requirements: None</p> <p><b>NOTE :</b> TR-S There will be no age split</p>	<p><b>JUNIOR</b> TR / DMT (15yrs – 18yrs) Must meet JR mobility requirements in L-6 (Espoir) to enter</p> <p><b>NOTE: Tumbling</b> Min. Age 13 yrs Must meet JR Mobility requirements in L-6 (Espoir) to enter</p>
	<p><b>LEVEL 2</b> TR / DMT / TU / TR-S Recommended Min Age: 8 yrs Recommended Age Split: 13U / 14+ Mobility Requirements: None</p> <p><b>FINALS: A final round will ONLY be competed at GBC BC Championships</b></p> <p><b>NOTE: TR-S</b> There will be NO age Split</p>	<p><b>LEVEL 6 (Espoir)</b> TR / DMT (13yrs – 17yrs)) Must meet L-6 (Espoir) mobility requirements in L-5 (Novice) to enter</p> <p><b>NOTE: Tumbling</b> Min. Age 11 yrs Must met L-6 (Espoir) mobility requirements in L-5 (Novice) to enter</p>

	<p><b>LEVEL 1</b>  TR / DMT / TU / TR-S  Recommended Min Age: 8 yrs  Recommended Age Split: 12U / 13+  Mobility Requirements: None</p> <p><b>FINALS: A final round will ONLY be competed at  GBC BC Championships</b></p> <p><b>NOTE: TR-S</b>  There will be no age split</p>	<p><b>Level 5 (Novice)</b>  TR / DMT / TR-S  (11yrs – 16yrs)  Recommended Age Split: 16U / 17+  Must meet L-5 (Novice) mobility requirements in L-4 to enter</p> <p><b>NOTE: Tumbling</b>  (11yrs – 15Yrs)  Recommended Age Split: 15U / 16+  Must meet L-5 (Novice) mobility requirements in L-4 to enter</p>
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- For all categories, the men and women compete in separate groups.
- The age group is determined by the athlete's age as of December 31<sup>st</sup> of the competition year.
- In Synchronized Trampoline, the athletes shall compete in the following categories:  
Pre-National: 1, 2, 3, 4  
National level: NATIONAL (Level 5)  
Both athletes must meet the national mobility requirements for individual trampoline to enter
- SENIOR  
Both athletes must meet Junior-Senior mobility requirements in individual trampoline to enter.

## PART 5 – PROVINCIAL EVENTS

### 4. TG Hosting Protocol for Sanctioned Events

*Type: Rule*

*Decision by: Committee*

*Reference Document: None*

#### 1. Athlete Registration Fees

Entry fees for all BC Provincial Cups shall be **\$90** per athlete. Late fees shall be calculate as follows:

- One (1) to two (2) days after the stated deadline: a late fee of \$15 per athlete will be charged
- Three (3) to five (5) days after the stated deadline: a late fee of \$25 per athlete will be charged
- Five or more days after the stated deadline: a late fee of double the registration fee per athlete will be charged

Entry fees of **\$90** are refundable only when a medical certificate is presented to the host committee within 14 days of the competition of the event. Any/all late charges are Non-refundable.

#### 2. Warm-up (REMINDER)

There will be **NO general warm-up times scheduled.**

The following warm-up structure will be in place for pre-national TR, all DMT and all TU at all BC Provincial Cups and BC Championships:

L1 / L2	30 sec per athlete or a minimum of 2-touch
L3	45 sec per athlete or a minimum of 3-touch
L4	1 min per athlete or a minimum of 3-touch
L5	1.5 min per athlete or a minimum of 4-touch
L6	2 min per athlete or a minimum of 5-touch

### Trampoline – Junior and Senior

JR 2.5 min per athlete or a minimum of 5-touch

SR 3 min per athlete or a minimum of 8-touch

**NOTE:** if during the senior warm-up the trampoline were empty and not being used for more than three (3) minutes then the warm-up would be considered over.

### 3. Awards (REMINDER)

The awards for all BC Provincial Cups and BC Championships are as follows:

#### **Individual Awards – Pre National**

Medals: 1<sup>st</sup> – 3<sup>rd</sup> place (all events / all levels)

Ribbons: 4<sup>th</sup> – 10<sup>th</sup> place (all events / all levels)

#### **Individual Awards – LEVEL 5 THROUGH SENIOR**

Medals: 1<sup>st</sup> – 3<sup>rd</sup> place (all events / all levels)

Ribbons: 4<sup>th</sup> – 6<sup>th</sup> place (all events / all levels)

#### **NOTE:**

At all GBC sanctioned BC Provincial Cups, there will be **NO FINALS** competed for L-1 and L-2 athletes. Awards will be presented as of the official results following the PRELIMINARY round.

At GBC BC Championships, a FINALS round will be competed for ALL TRAMPOLINE, DOUBLE AND TUMBLING events.

Awards for Synchronized Trampoline will only be presented at the BC Championships.

**Ties:** there will be NO ties awarded. In the event of a tie for preliminary or finals, the FIG TG Tie Breaker rules shall be applied.

## **PART 6: NATIONAL EVENTS AND SELECTION PROCESS**

### **1. Team BC Events**

*Type: Rule*

*Decision by: Committee*

*Reference Document: Team BC*

#### **Definition of Team BC Events**

Team BC events will include any competition where GBC assists financially or coordinates team travel or identifies a team that will represent BC. It includes competitions such as:

- Canadian Championships
- Western Canada Cup
- Any other meets where GBC assists financially or coordinate team travel or identifies a team which will represent BC

### **2. Team BC Uniforms**

Athletes attending a Team BC event, such as Western Canada Cup or Canadian Championships, must wear the official BC uniform. Uniform sizing will take place early in the competitive season at both competitions and training camps. All sizing and orders must be completed by the set date. **All payment information will be verified by GBC prior to the designated ordering and sizing deadlines.** Refunds are at GBC's discretion once orders have been placed with the suppliers. There will be NO refunds for any/all items that have been personalized.



## 2. Western Canada Cup

*Type: Rule*

*Decision by: Committee*

*Reference Document: None*

The BC contingent to the Western Canada Cup shall consist of **TWELVE (12)** Team BC athletes (**four** for each discipline), two (2) Team Coaches, one (1) Team Coordinator and the required number of judges as determined by the **Westerns Committee**, GBC and the TGTC.

### 1.1. Rules of Selection for Team BC Members

**Pre-National L-3 and L-4** athletes wishing to be considered for Team BC to the Western Canada Cup must compete at a minimum of **one (1) BC Provincial Cup AND BC Championships**. The athletes' best qualifying scores at two (2) **ELIGIBLE BC Provincial Cup AND/OR BC Championships** shall be totalled, and shall count towards team selection. For trampoline, double mini and tumbling **Pre-National L-3 and L-4** athletes will be listed in descending order of their ranking score.

### 1.2. Team Selection Process

*Type: Rule*

*Decision by: Committee*

*Reference Document: Western Cup Manual*

#### **Trampoline - Individual (L-3 /L-4)**

The total score of the athletes' compulsory routine and voluntary routine achieved in the preliminary round of competition.

Minimum Qualifying Score: **84.10**

#### **Double Mini (L-3 / L-4)**

The total score of the athletes' BEST two (2) voluntary passes achieved in the preliminary round of competition

**NOTE:** L-4 DMT the total of the athletes' **BEST two (2) voluntary passes of the four (4) competed**

Minimum Qualifying Score: **60.00**

#### **Tumbling (L-3 / L-4)**

The total of the athlete's compulsory pass and voluntary pass achieved in the preliminary round of competition.

Minimum Qualifying Score: **49.00**

GBC qualifying standards must be met TWICE per discipline to be eligible to

Final team selection, for each discipline, shall be based on the final ranking using the following scores:

- the athletes' two best preliminary qualifying scores achieved in trampoline
- the athletes' two best preliminary qualifying scores achieved in double mini
- the athletes' two best preliminary qualifying scores achieved in tumbling

In the event of a tie, in total scores for team selection, the athlete with the highest single eligible BC Provincial Cup AND/OR BC Championships score shall be ranked higher. Should a tie still exist, then the athlete with the highest total difficulty score in any of the eligible BC Provincial Cup AND/OR BC Championships shall be ranked higher.

### 3. Attendance as a Club Athletes

*Type: Rule*

*Decision by: Committee*

*Reference Document: Western Cup Manual*

Following the close of each ELIGIBLE BC Provincial Cup AND/OR BC Championships all L-1 through L-4 athletes will have a ranking score based on the following process.

#### **Trampoline - Individual**

The total of the athletes' compulsory and voluntary routine achieved in the preliminary round of competition.

Minimum Qualifying Score: **77.60**

#### **Double Mini**

The total of the athletes' BEST two (2) voluntary passes achieved in the preliminary round of competition.

**NOTE:** L-4 DMT the total of the athletes' **BEST two voluntary passes of the four (4) competed**

Minimum Qualifying Score: **56.00**

#### **Tumbling**

The total of the athlete's compulsory pass and voluntary pass achieved in the preliminary round of competition.

Minimum Qualifying Score: **49.00**

A minimum GBC standard must be met **ONCE** per discipline in order for Pre-national level athletes to attend Western Canada Cup when representing their own club.

Club athletes who have met the minimum standards once will be eligible to compete in all pre-national level events for which they would normally compete.

#### **All Around Award**

Pre-national L-1 and L-2 are NOT eligible for the Western Canada Cup All Around award.

#### **Team Competition**

Pre-national L-1 athletes are NOT eligible to represent their province/club in the team competition.

#### **1.4. Team BC Members**

Team positions one (1) through **four (4)** shall be awarded based on the final ranking as noted above. Athletes whose name appears on more than one list shall count as ONE individual athlete. If there are less than **twelve (12)** individuals following the above process, vacant spots will be filled as follows:

- Athletes must have acquired the minimum qualifying score **TWICE** in each discipline (TR/DMT/TU)
- The next eligible athlete on each event (TR/DMT/TU) with a qualifying score will be evaluated based on their score above the qualifying score.
- Athletes will be moved into vacant spots accordingly.

Athletes selected to the Team BC will be eligible to compete as Team BC members in ALL Pre-national level events for which they would normally compete (exception noted for synchro).

All athletes named to Team BC will be responsible for paying the required 'athlete cost-sharing' amount as determined by GBC. All Team BC Members must meet all requirements as outlined in GBC Section 10: Team BC.

All Team BC athletes must abide by the rules and regulations set forth in the GBC Code of Conduct

### **Synchronized Trampoline (exception)**

All synchronized teams shall be registered by and compete for their individual clubs. Club competition attire is required.

#### **1.5. Team BC Travel**

*Type: Rule*

*Decision by: Committee*

*Reference Document: None*

All Team BC athletes will be responsible for making their own travel arrangements and will be required to travel with their own personal clubs and coaches

#### **1.6. Team BC Accommodations (REMINDER)**

**All Team BC athletes will stay and be under the direct supervision of the Team Coordinator at the designated Team BC hotel.** Specific Instructions will be provided prior to departure in order for all Team BC members to assemble at **the Team BC hotel** at the designated time.

#### **1.7. Funding for Team BC Members (REMINDER)**

*Type: Rule*

*Decision by: Committee*

*Reference Document: None*

GBC will establish a budget for athletes, coaches, judges and the coordinator at the beginning of the season. This information will be circulated to all clubs as soon as possible. The budget will include funding as follows:

- Team Coordinator – travel, accommodations, registration (100%)
- Team BC Athletes – registration fees (100%)

Team BC athletes will cost share the following expenses:

- Costs related to two (2) team coaches (ie transportation/accommodations/per diem)
- Additional rental vehicles as required

#### **1.8. Judges Cost Share**

*Type: Rule*

*Decision by: Committee*

*Reference Document: None*

GBC will establish a budget at the beginning of the season. Depending on the location of the event, **GBC MAY pay 100%** of the total cost for all the selected judges.

Should a surcharge be necessary, the maximum surcharge to each CLUB athlete will be \$100 per athlete. This component will be billed directly to the clubs.

#### **1.9. Team Coordinator**

A Team Coordinator will be selected by the TG committee prior to **the last designated team trials event**. Job description will be determined by the TG committee.

It will be the responsibility of the Team Coordinator to supervise of all Team BC athletes at the competition venue, in the hotel and during all non-competitive times and act as a liaison between the host organizing committee and the team athletes and coaches.

All Team BC athletes will be coached by the two Team BC Coaches. It will be the responsibility of the Team Coordinator to oversee all the needs of the team and to act as a liaison between the host organizing committee and the team members.

The Team Coordinator will be required to complete a report and return it to GBC within 14 days of the end of the competition.

#### 4. Trampoline Gymnastics Canadian Championships

##### 4.1. Rules of Selection of Team BC Members

*Type: Rule*

*Decision by: Committee*

*Reference Document: None*

All L-5, L-6, Junior and Senior athletes wishing to be considered for the Team BC contingent must attend a minimum of two (2) BC Provincial Cups, one of which must be BC Championships. The athletes' best tiered funding scores at two (2) BC Provincial Cups or BC Championships shall be totaled and shall count towards team selection.

##### Scores from Out of Province Sanctioned events

At the beginning of each competitive season, the committee will determine and identify, which GCG sanctioned domestic events OR Provincial Cups held outside BC, where L5 through SR athletes may utilize their results as a BC tiered funding score.

2017 – 2018 2018 GCG Canada Cup (Montreal)

L5 through SR athletes may utilize scores as a 4<sup>th</sup> tiered funding score.

#### PART 7: OFFICIALS/JUDGES

##### 1. Judging Requirements

*Type: Rule*

*Decision by: Committee*

*Reference Document: None*

###### 1. Eligibility Requirements

Course participants must be at least **15 years** old within the current calendar year and be a registered member with Gymnastic BC.

###### 2. Honoraria for Judges at Competitions

*Type: Rule*

*Decision by: Committee*

*Reference Document: None*

All judges shall receive an honorarium prior to the completion of a competition. It is the Provincial Judging Chairperson's responsibility to provide records of all judge's hours worked to the organizing committee for each provincial team trial. The host committee will appoint a person to calculate the honorarium and distribute payment. If a judge has departed early, then the honorarium shall be given to a coach or representative of that club for disbursement.

**Refer to Appendix 1 for detailed rates.**

## 2. TG Judging Levels & Requirements

*Type: Rule*

*Decision by: Committee and GCG*

*Reference Document: None*

### COURSE INFORMATION

	TRAMPOLINE	DMT	TUMBLING
	PRE-TRAMPOLINE (Part 1) - 5 hrs  PROV TRAMPOLINE (Part 2) - 8 hrs <b>\$90 (+ GST)</b>	PROVINCIAL DMT - 8 hrs  <b>\$60 (+ GST)</b>	PROVINCIAL TUMBLING - 8 hrs  <b>\$60 (+ GST)</b>
<b>CJP / AUDIT</b>	Chair of the Judging Panel – course fee \$30 (3hrs all events) <b>Auditing a course – course fee \$25 (per event)</b>		
<b>EXAM</b>  <b>CHALLENGING ANY PROVINCIAL JUDGING EXAM FEE</b>	Theory , Execution, and DD  <b>Challenging a Provincial Exam – Fee \$25 (per event)</b>		
<b>TERM</b>	4 years (based on the Olympic Cycle)		
<b>UPGRADE</b>	2 years (judges must be active)		
<b>ADDITIONAL INFORMATION</b>	Gym observation Rules and skill identification		
<b>HONORARIUM</b>	For BC Provincial Cups and GBC BC Championships Training Facilitator – BC Provincial Cups and GBC BC Championships (See Appendix 1 for all rates)		

**\*\* NOTE:** the trampoline course is split into two sessions. Part One will teach skill recognition, FIG Code and how to write a 10 skill routine in Code. Upon completion of Part One, participants are expected to spend the necessary time in the gym practising. Part Two will teach rules and time spent practising execution and difficulty. The test will be given at the conclusion of Part Two. Candidates must complete and pass both parts to become certified as a Provincial Trampoline judge.

7. Rules for Selection of Judges for Canadian Championships

**Type:** Rule

**Decision by:** Committee

**Reference Document:** None

Judges wishing to attend Canadians must be National or FIG certified.

The judges' ranking list currently in place will be maintained (judges must meet all other criteria). To be placed on the ranking list you must be a national senior certified judge.

All selected judges must be active and are encouraged to practice judging in their club throughout the year. Judges must have judged a minimum of 75% of the Provincial Cups and/or BC Championships in the current competition season. Each judge will be asked to submit their preferences in order of priority. For example:

- 1st choice – Canadian Championships
- 2nd choice – Canada Cup

**In the event that there are more judges wishing to attend than the required number(s), those FIG judges invited AND funded by GCG will be given priority. However, all other national level judges will be given the opportunity whenever/wherever possible.**

In some cases, priority may be given based on courses, meetings, or extenuating circumstances. It is expected that all judges spend time at the competition during warmups and training days.

Official judges will be ratified by the TG as recommended by the TGTC Judging Chair.

## 2. Judges Certification

### 2.1. Financial Guidelines

**NOTE:** Refer to GBC Section 1: Governance; for additional information regarding travel expenses.

### 2.2. Fees, Hours and Honoraria for Provincial Courses

COURSE	COURSE HOURS	MANUAL COST	CONDUCTOR HONORARIUM \$30/hr	MIN / MAX REGISTRATION	FEE
Pre Trampoline (Part 1 & 2)	13	Included	\$390	5 / Open	\$90 (+ GST)
Double Mini	8	Included	\$240	5 / Open	\$60 (+ GST)

Tumbling	8	Included	\$240	Open	\$60 (+ GST)
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CJP Seminars will be held at the discretion of the Provincial Judging Chairperson. Each Seminar is 3.5 hours. Fees **may vary depending** on the location and the Course Conductor's honorarium. **A minimum charge of \$30 will apply.**

**APPENDIX 1**  
**JUDGING HONORARIUM – BC PROVINCIAL CUPS and BC CHAMPIONSHIPS**

*Type: Rule*

*Decision by: Committee*

*Reference Document: None*

All judges shall receive an honorarium prior to the completion of a competition. It is the Provincial Judging Chairperson's responsibility to provide records of all judge's hours worked to the organizing committee for each provincial team trial. The host committee will appoint a person to calculate the honorarium and distribute payment. If a judge has departed early, then the honorarium shall be given to a coach or representative of that club for disbursement.

JUDGES	ONE DISCIPLINE	TWO DISCIPLINES	THREE DISCIPLINES
<b>Provincial Level</b>	<b>\$11.35/hr</b>	\$12/hr	\$13/hr
National (1-4 yrs experience)	\$14	\$15	\$16
National (5 -9 yrs experience)	\$15	\$16	\$17
National (10+ yrs experience)	\$16	\$17	\$18
FIG Judge (1-4 yrs experience)	\$18	\$19	\$20
FIG Judge (5-9 yrs experience)	\$19	\$20	\$21
FIG Judge (10+ experience)	\$20	\$21	\$22